Alcohol Poisoning

Passing Out Doesn't Mean Sleeping It Off!

First In Support

Alcohol Poisoning

It's a Medical Emergency!!!

- **When Someone is Intoxicated:**
  - **CONTINUALLY MONITOR THE INTOXICATED PERSON.**
    - **CHECK THEIR BREATHING, waking them often to be sure they are not unconscious.**
    - **A DRUNK PERSON should not be put in charge of another drunk person.**
    - **DO NOT exercise the person.**
    - **DO NOT allow the person to drive a car or ride a bicycle.**
    - **DO NOT give the person food, liquid, medicines or drugs to sober them up.**
    - **DO NOT give the person a cold shower; the**

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- **How To Tell If Someone has Alcohol Poisoning:**
  - **If the person is breathing less than twelve times per minute or stops breathing for periods of ten seconds or more, SEEK MEDICAL HELP!**
  - **If the person is asleep and you are unable to wake them up, SEEK MEDICAL HELP!**
  - **Look at the person's skin. If it is cold, clammy, pale, bluish in color, SEEK MEDICAL HELP!**

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- **Stay with a person who is vomiting! Try to keep the person sitting up. If they must lie down, keep them on their side with their head turned to the side. Watch for choking; if the person begins to choke, GET HELP IMMEDIATELY.**
- **If a person drinks alcohol in combination with any other drug, the combined effect could be fatal. GET HELP.**

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- **If the person is not in need of medical attention and is going to "sleep it off," be sure to position the person on their side placing a pillow behind them to prevent them from rolling out of this position. This is important to help prevent choking if the person should vomit. STAY WITH THE PERSON AND WAKE THEM UP FREQUENTLY. Even though the person is sleeping, alcohol levels may continue to rise, causing the person to become unconscious, rather than asleep. If you can not wake the person up, GET HELP.**
- **Any person that has altered consciousness, slowed respiration, or cool, pale skin is experiencing acute alcohol intoxication (alcohol**